Eggs  Served with choice of potato or fruit and toast or pancakes. Substitute specialty pancakes add $2, egg whites add $1.
Two Eggs any style ......................................................... $7
With Meat ................................................................. $9
Bacon, sausage links, ham, or sausage patty
With Corned Beef Hash, Chicken Sausage ......................... $10
Scramblers  Served with choice of potato or fruit to toast or pancakes. Substitute specialty pancakes add $2.
North Side ............................................................... $10
Egg white scrambler with chicken sausage, avocado, spinach, tomato, gouda cheese
South Side ............................................................... $10
Eggs, bacon, jalapeño, onion, tomato & habanero jack cheese.
The Other Side ........................................................... $10
Eggless scrambler with seasoned tofu, black beans, red onions, mushrooms, cherry tomato, spinach, Chihuahua cheese
Omelet  Served with choice of potato or fruit and toast or pancakes. Substitute specialty pancakes add $2, egg whites add $1.
Hunter ................................................................. $11.5
Chicken sausage, onion, roasted red pepper, kale, fresh mozzarella, parmesan, pesto
Club Med ................................................................. $11.5
Artichoke, roasted red peppers, spinach, onions, feta
The Weld ................................................................. $11.5
Tomato, avocado, bacon, Habanero cheese
La Bamba ................................................................. $11.5
Chorizo, jalapeño, onion, avocado, tomato, habanero jack cheese topped with salsa verde
Skillets  Served with choice of toast or pancakes.
Substitute fruit add $1, specialty pancakes add $2, egg whites add $1.
O’Brien ................................................................. $12
Shredded corned beef, onion, green pepper, Swiss cheese
Papi Chulo ............................................................ $12
Chorizo, jalapeño, onion, tomato, avocado, Chihuahua cheese
Garden Gobbler .......................................................... $12
Spinach, mushroom, tomato, onion, zucchini & Habanero cheese
Perfectly Un-kosher ......................................................... $12
Bone-in ham, bacon, sausage, green peppers, onions, cheddar cheese
Goat ................................................................. $12
Goat cheese, onions, baby spinach, bacon
Zeus on Fire ........................................................... $12
Spinach, tomato, mushroom, onion, spicy feta
Oh Yams ................................................................. $12
Sweet potato, brussel sprouts, bacon, green peppers, onion, & Habanero cheese

Build It Your Way
Omelet  $7
Scrambler  $6
Cheese  $1.25
Veggies  $1

Bacon, Sausage, Ham, Chorizo, Tofu

Protein each ingredient $1.5
American, Feta, Gouda, Soft Swiss, Goat, Habanero Jack, Asadero, Chihuahua

Cheese each ingredient $1.25
Mozzarella, Havarti, Spicy Feta, Habanero Jack, Chihuahua, Havarti

Veggies each ingredient $1
Avocado, Artichoke, Zucchini, Jalapeño, Tomato, Bell pepper, Mushrooms, Spinach, Kale, Broccoli, Yellow Squash

Breakfast Bowls
Granola Parfait .......................................................... $7
Greek yogurt, granola, honey, fresh fruit
Ancient Grain Bowl ....................................................... $9
Ancient grains cooked in oat milk topped with toasted almonds, chia, sunflower, flax seed, seasonal berries with side of Greek yogurt and agave nectar
Cauliflower Rice Bowl .................................................... $10
Seasoned cauliflower rice with onion, cucumber, cabbage, chicken sausage, spinach, avocado, yellow squash, poached egg and sesame seeds, side of sriracha tahini dressing
Grainy Day Breakfast Bowl ........................................... $10
A mixture of brown rice, quinoa & black lentils, topped with broccoli, spinach, Granny Smith apples, cherry tomatoes, sweet potato, avocado, pumpkin seeds, passionfruit vinaigrette and poached egg
Oatmeal Bar ............................................................... $7
Old-fashioned oatmeal, topped with 4 of your favorite toppings— you choose!

Signature Dishes
Breakfast Burrito .......................................................... $11
Tortilla, eggs, chorizo, jalapeño, tomato, black bean, grilled corn, Chihuahua cheese
Breakfast Chilaquiles ....................................................... $12
Corn tortilla, queso fresco, salsa, chorizo, onion, fresh jalapeño, scrambled eggs, mashed avocado, sour cream & cilantro
Avocado Toast ............................................................. $11
Rustic panini toast, mashed avocado, grilled corn, black beans, jalapeño, sriracha aioli & poached eggs, choice of potato or fruit
Pesto Toast ................................................................. $11
Rustic panini toast, mashed avocado, arugula, fresh mozzarella, basil pesto & poached eggs, choice of potato or fruit
South of 80 ................................................................. $12
Two sausage patty biscuits covered with sausage gravy with your choice of egg & potato
Veggie Hash ............................................................... $12
Grilled vegetable hash (kale, zucchini, onion, mushroom, tomato, spinach, black beans, broccoli, sweet potatoes, yellow squash) & egg
Frittata ................................................................. $12
Baked omelet with bacon, onion, spinach, tomato, fresh mozzarella & asaggio (choice of potato or fruit)
Smoked Salmon Board .................................................. $14
Norwegian Salmon, cream cheese, tomato, capers, red onion, cucumber, hard boiled egg, bagel

Benedicts  Choice of potato or fruit
Classic ................................................................. $10
Muffin, ham, topped with hollandaise sauce
Veggie ................................................................. $11
Muffin, smashed avocado, tomato, zucchini, yellow squash, spinach & hollandaise sauce
Salmon ................................................................. $13
Muffin, cream cheese, Norwegian salmon, tomato, red onion, capers & hollandaise sauce
Pig & Pepper ............................................................. $13
Muffin, roasted poblano pepper, red onion, smashed avocado, tomato, carnitas & hollandaise sauce
Filet ................................................................. $14
Muffin, filet mignon tenderloin & hollandaise sauce
# Breakfast Menu

## Pancakes
- Buttermilk .......................... $7
- Add blueberry, banana, or strawberry $1.50
- Chocolate Chip and Banana .......... $10
- Cinnamon Swirl ........................ $10
- Reese’s® Peanut Butter Cup .......... $10
- Blueberry-Lemon Cheesecake ......... $10
- Butterscotch S’more .................. $10
- Black & White .......................... $10
  - Milk chocolate and white chocolate chips

**Pancake Combo** ........................ $12.5
  - Pancakes, bacon, sausage, eggs (upgrade to specialty cakes $2)

## French Toast
- Classic ................................ $7
  - Add blueberry, banana, or strawberry $1.50
- Cinnamon Roll .......................... $10
- Bananas Foster ........................ $11
  - Thick cut French toast topped with caramelized bananas

**French Toast Combo** ................. $12.5
  - French toast, bacon, sausage, eggs

## Waffles
- Waffle ................................ $7
  - Add blueberry, banana, or strawberry $1.50

**Flight Combo** .......................... $9
  - Mini waffles topped with fresh strawberries, blueberries, bananas, cookie butter and apples

## Sides
- Bacon or Chicken Sausage .............. $4
  - Gluten Free Toast .................... $3
- Sausage or Ham ........................ $3.5
- Pancakes/French Toast ............... $3
- Corned Beef Hash ....................... $4.5
  - Specialty Pancakes/Toast ........... $4.5
- Biscuit and Gray ......................... $4
  - French Toast ......................... $4
- Potato ................................ $3
  - Maple Syrup 1 oz ..................... $1.5
- Cheesy Potato ........................ $4
  - Egg .................................. $1.5
- Bagel with cream cheese .............. $3
  - Berry Cup ............................ $4
- Sliced Avocado ........................ $2
  - Fruit Cup ............................ $3

## For the Shorties
- All come with choice of juice, milk or soda (no refills on juice) ............... $6
  - Combo 1
    - Egg, bacon or link, pancakes
  - Combo 2
    - Egg, bacon or link, French toast
  - Combo 3
    - Egg, bacon or link, potato
  - Mickey Mouse Pancake

## Drinks
- Coffee ................................ $3.25
- Hot Tea (Rishi) ........................ $3
  - Earl Grey (black), English Breakfast (black), Turmeric Ginger (herbal), Chamomile (herbal), Jasmine (green), Blueberry Hibiscus (herbal)

## Serves
- 2 eggs poached or hard boiled, choice of protein & 3 veggies. Additional veggies 1.5

## Protein Plate

### Protein
- Grilled Chicken 11
- Grilled Tenderloin 14
- Tofu 10
- Mahi Mahi 12
- Carnitas 11

### Veggies
- Cauliflower
- Zucchini
- Avocado
- Broccoli
- Spinach
- Yellow Squash
- Asparagus
- Brussels Sprouts
- Mushrooms

## Breakfast Sandwiches
- Served with choice of potato or fruit

### Breakfast Sliders
- 2 sliders with sausage patty, cheese, scrambled egg

### BLT&E
- Bacon, lettuce, tomato, scrambled egg, light mayo

### Croissant Sandwich
- Served as an egg, American cheese and choice of fries or fruit

### Lox Sandwich
- Cucumber, tomato, cream cheese, red onion, bagel

## Hot Chocolates
- Basic Hot Chocolate .................. $4
- Vanilla Celebration ................... $6
- Screaming Chocolate Guy ............ $6

## Salads

### Choice of: Ranch, Lemon Vinaigrette, Balsamic Vinaigrette

#### Cobb
- Romaine, cherry tomato, egg, bacon, chicken, avocado, onion, cheddar cheese

#### A Sea of Green
- Romaine, arugula, shredded brussels sprouts, chicken, tomato, avocado, dried cranberries, walnuts, fresh mozzarella

#### Healthy Citizen
- Romaine, spinach, egg, avocado, roasted cauliflower, asparagus, cherry tomato, red onion, goat cheese, cucumber

#### Polk Bowl (not really a salad, but...) .......................... $13
  - Choice of mixed greens or brown rice base, avocado, radish, jalapeños, fresh fruit, edamame, cucumber, ah tuna* & black sesame seeds, side of sriracha aioli

### No Regrets
- Romaine, Old Bay seasoned shrimp, roasted corn, black beans, cucumber, avocado, red onion & cilantro

### Salmon
- Atlantic salmon marinated in lemon-dill with mixed greens, roasted cauliflower, roasted carrots, cucumber, cherry tomato, radish, garbanzo beans

### Dressings are free from artificial flavors, MSG, gluten and high-fructose corn syrup

## Sandwiches
- All sandwiches served with fries, fruit cup or side salad

### Reuben
- Corned beef, Swiss, sauerkraut, 1000 Island dressing on rye bread

### Double Cheeseburger
- Two quarter lb. patties, American, diced red onion, mayo, dill pickle on brioche bun. Add egg $1, bacon $1.25

### Patty Melt
- American, grilled onion on rye

### Habanero Jack Chicken
- Chicken breast, bacon, bbq, habanero jack cheese, leaf lettuce, red onion, tomato, mayo

### Cuban
- Smoked pulled pork, ham, mustard, pickle and Swiss cheese

### Fish Sandwich
- Breaded flounder with leaf lettuce, red onion, tomato, American cheese and tartar sauce

### Tuna Melt
- Allbacore tuna with American cheese on rye

### Mississippi Delta
- Breaded chicken breast, pickled cabbage, dill pickles, pimento cheese

### Chicken or Egg Salad
- With lettuce, tomato, Havarti cheese on multigrain

### Chicken Pesto Melt
- Sliced chicken breast, tomato, fresh mozzarella, pesto

### Filet Sliders
- Filet mignon, leaf lettuce, red onion, tomato, Havarti cheese, mayo

### Mahi Mahi Tacos
- Wild caught mahi filet, mango pico de gallo, avocado slices with cilantro aioli

### Cobb Wrap
- Romaine, cherry tomato, egg, bacon, chicken tenders, avocado, onion, cheddar cheese with ranch dressing

### Veggie Wrap
- Zucchini, red onion, spinach, tomato, roasted red peppers, goat cheese wrapped in a jalapeno cheddar tortilla

* Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

**Parties of 8 or more are subject to an 18% gratuity.**