



Eggs Served with choice of potato or fruit and toast or pancakes.
Substitute specialty pancakes add \$2, egg whites add \$1.

- Two Eggs any style**\$7
With Meat\$9
Bacon, sausage links, ham, or sausage patty
With Corned Beef Hash, Chicken Sausage\$10

Scramblers Served with choice of potato or fruit and toast or pancakes. Substitute specialty pancakes add \$2.

- North Side**\$10
Egg white scrambler with chicken sausage, avocado, spinach, tomato, gouda cheese
South Side\$10
Eggs, bacon, jalapeño, onion, tomato & habanero jack cheese.
The Other Side\$10
Eggless scrambler with seasoned tofu, black beans, red onions, mushrooms, cherry tomato, spinach, Chihuahua cheese

Omelet Served with choice of potato or fruit and toast or pancakes.
Substitute specialty pancakes add \$2, egg whites add \$1.

- Hunter** \$11.5
Bacon, sausage, ham and cheddar cheese
Gatherer. \$11.5
Spinach, mushroom, onion, tomato, zucchini and Havarti cheese
The Shepherd \$11.5
Goat cheese, avocado, spinach, mushroom
Cousin Vinny \$11.5
Chicken sausage, onion, roasted red pepper, kale, fresh mozzarella, parmesan, pesto
Club Med \$11.5
Artichoke, roasted red peppers, spinach, onions, feta
The Weld \$11.5
Tomato, avocado, bacon, Havarti cheese
La Bamba \$11.5
Chorizo, jalapeño, onion, avocado, tomato, habanero jack cheese topped with salsa verde

Skillets Served with choice of toast or pancakes.
Substitute fruit add \$1, specialty pancakes add \$2, egg whites add \$1.

- O’Brien.**\$12
Shredded corned beef, onion, green pepper, Swiss cheese
Papi Chulo\$12
Chorizo, jalapeño, onion, tomato, avocado, Chihuahua cheese
Garden Gobbler\$12
Spinach, mushroom, tomato, onion, zucchini & Havarti cheese
Perfectly Un-kosher\$12
Bone-in ham, bacon, sausage, green peppers, onions, cheddar cheese
Goat.\$12
Goat cheese, onions, baby spinach, bacon
Zeus on Fire\$12
Spinach, tomato, mushroom, onion, spicy feta
Oh Yams.\$12
Sweet potato, brussels sprouts, bacon, green peppers, onion, & Havarti cheese

Build It Your Way

Omelet	Scrambler		Skillet	
\$7	\$6		\$8	
<u>Served with choice of potato or fruit</u> and toast or pancakes.			<u>Served with choice of</u> toast or pancakes.	
Substitute specialty pancakes add \$2, egg whites add \$1.				
Protein	Cheese		Veggies	
each ingredient \$1.5	each ingredient \$1.25		each ingredient \$1	
Bacon	American	Mozzarella	Avocado	Artichoke
Sausage	Feta	Havarti	Onion	Zucchini
Ham	Spicy Feta	Gouda	Jalapeño	Tomato
Chorizo	Cheddar	Habanero Jack	Bell pepper	Mushrooms
Tofu	Swiss	Asiago	Spinach	Corn
	Goat	Chihuahua	Kale	Roasted red
			Broccoli	pepper
			Yellow Squash	

Breakfast Bowls

- Granola Parfait.**\$7
Greek yogurt, granola, honey, fresh fruit
Ancient Grain Bowl.\$9
Ancient grains cooked in oat milk topped with toasted almonds, chia, sunflower, flax seed, seasonal berries with side of Greek yogurt and agave nectar
Cauliflower Rice Bowl\$10
Seasoned cauliflower rice with onion, cucumber, cabbage, chicken sausage, spinach, avocado, yellow squash, poached egg and sesame seeds, side of sriracha tahini dressing
Grainy Day Breakfast Bowl.\$10
A mixture of brown rice, quinoa & black lentils, topped with broccoli, spinach, Granny Smith apples, cherry tomatoes, sweet potato, avocado, pumpkin seeds, passionfruit vinaigrette and poached egg
Oatmeal Bar.\$7
Old-fashioned oatmeal, topped with 4 of your favorite toppings— you choose!

Fresh Fruit	Nuts & Seeds	Dried Fruit	Sweet Things
Strawberry	Almonds	Apricots	Chocolate Chips
Banana	Granola	Cranberries	Butterscotch Chips
Blueberries	Walnuts	Raisins	Honey
Apples	Chia Seed	Coconut	Agave Nectar
	Sunflower Seeds		Brown Sugar
	Flax Seed		Caramel

Signature Dishes

- Breakfast Burrito**\$11
Tortilla, eggs, chorizo, jalapeño, tomato, black bean, grilled corn, Chihuahua cheese
Breakfast Chilaquiles\$12
Corn tortilla, queso fresco, salsa, chorizo, onion, fresh jalapeño, scrambled eggs, smashed avocado, sour cream & cilantro
Avocado Toast\$11
Rustic panini toast, smashed avocado, grilled corn, black beans, jalapeño, sriracha aioli & poached eggs, choice of potato or fruit
Pesto Toast\$11
Rustic panini toast, smashed avocado, tomato, arugula, fresh mozzarella, basil pesto & poached eggs, choice of potato or fruit
South of 80\$12
Two sausage patty biscuits covered with sausage gravy with your choice of egg & potato
Veggie Hash\$12
Grilled vegetable hash (kale, zucchini, onion, mushroom, tomato, spinach, black beans, broccoli, sweet potatoes, yellow squash) & egg
Frittata\$12
Baked omelet with bacon, onion, spinach, tomato, fresh mozzarella & asiago (choice of potato or fruit)
Smoked Salmon Board\$14
Norwegian Salmon, cream cheese, tomato, capers, red onion, cucumber, hard boiled egg, bagel

Benedicts Choice of potato or fruit

- Classic**\$10
Muffin, ham, topped with hollandaise sauce
Veggie\$11
Muffin, smashed avocado, tomato, zucchini, yellow squash, spinach & hollandaise sauce
Salmon\$13
Muffin, cream cheese, Norwegian salmon, tomato, red onion, capers & hollandaise sauce
Pig & Pepper.\$13
Muffin, roasted poblano pepper, red onion, smashed avocado, tomato, carnitas & hollandaise sauce
Filet\$14
Muffin, filet mignon tenderloin & hollandaise sauce

More breakfast items on the other side...

Pancakes

- Buttermilk\$7
Add blueberry, banana, or strawberry \$1.50
- Chocolate Chip and Banana\$10
- Cinnamon Swirl\$10
- Reese’s® Peanut Butter Cup\$10
- Blueberry-Lemon Cheesecake\$10
- Butterscotch S’mores\$10
- Black & White\$10
Milk chocolate and white chocolate chips

Pancake Combo \$12.5

Pancakes, bacon, sausage, eggs (upgrade to specialty cakes \$2)

French Toast

- Classic\$7
Add blueberry, banana, or strawberry \$1.50
- Cinnamon Roll\$10
- Bananas Foster.....\$11
Thick cut French toast topped with caramelized bananas
- Apple Churros\$12
Cinnamon and sugar dusted with vanilla bean cream, warm brown sugar and butter caramelized apples

French Toast Combo \$12.5

French toast, bacon, sausage, eggs

Waffles

- Waffle.....\$7
Add blueberry, banana, or strawberry \$1.50
- Flight Combo\$9
Mini waffles topped with fresh strawberries, blueberries, bananas, cookie butter and apples

Sides

Bacon or Chicken Sausage	\$4	Gluten Free Toast	\$3
Sausage or Ham	\$3.5	Pancakes/French Toast	\$3
Corned Beef Hash	\$4.5	Specialty Pancakes/	
Biscuit and Gravy	\$4	French Toast	\$4.5
Potato	\$3	Maple Syrup 1 oz.	\$1.5
Cheesy Potato	\$4	Egg	\$1.5
Bagel with cream cheese	\$3	Berry Cup	\$4
Sliced Avocado	\$2	Fruit Cup	\$3

Breakfast Sandwiches

- Served with choice of potato or fruit
- Breakfast Sliders.\$9
2 sliders with sausage patty, cheese, scrambled egg
- BLT&E\$10
Bacon, lettuce, tomato, scrambled egg, light mayo
- Croissant Sandwich\$10
Scrambled egg, American cheese, ham
- Lox Sandwich\$12
Cucumber, tomato, cream cheese, red onion, bagel

For the Shorties

- All come with choice of juice, milk or soda (no refills on juice)\$6
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|---|--|
| Combo 1
Egg, bacon or link, pancakes | Cheeseburger
Choice of cheese, side of fries or fruit |
| Combo 2
Egg, bacon or link, French toast | Grilled Cheese
White bread, American cheese and choice of fries or fruit |
| Combo 3
Egg, bacon or link, potato | Chicken Tenders
All white meat “Gluten Free” tenders and choice of fries or fruit |
| Mickey Mouse Pancake | |

Drinks

- Coffee \$3.25
- Hot Tea (Rishi).....\$3
Earl Grey (black), English Breakfast (black), Turmeric Ginger (herbal), Chamomile (herbal), Jasmine (green), Blueberry Hibiscus (herbal)
- 100% Freshly Squeezed Juice 10 oz. \$3.5
Orange juice, grapefruit juice, strawberry-lemonade
- Apple, Cranberry, or Tomato Juice 10 oz.....\$3
- Iced Tea, Black\$3
- Milk (Whole, Skim, 2%, Chocolate, Almond, Soy, Oat)\$3
- Fountain Drinks\$3
Coke, Diet Coke, Sprite, Fanta Orange, Lemonade

Hot Chocolates

- Basic Hot Chocolate.....\$4
- Vanilla Celebration\$6
- Screaming Chocolate Guy.....\$6

Protein Plate

2 eggs poached or hard boiled, choice of protein & 3 veggies. Additional veggies 1.5

Protein			
Grilled Chicken 11	Grilled Tenderloin 14	Tofu 10	
Grilled Salmon 13	Mahi Mahi 12	Carnitas 11	
Veggies			
Cauliflower	Zucchini	Avocado	Fried Jalapeño
Broccoli	Spinach	Yellow Squash	Brussels Sprouts
Asparagus			Mushrooms

Salads

- Choice of: Ranch, Lemon Vinaigrette, Balsamic Vinaigrette
Toasted Sesame Seed, Poppy Seed.
- Cobb \$12
Romaine, cherry tomato, egg, bacon, chicken, avocado, onion, cheddar cheese
- A Sea of Green \$12
Romaine, arugula, shredded brussels sprouts, chicken, tomato, avocado, dried cranberries, walnuts, fresh mozzarella
- Healthy Citizen \$12
Romaine, spinach, egg, avocado, roasted cauliflower, asparagus, cherry tomato, red onion, goat cheese, cucumber
- Poké Bowl (not really a salad, but...) \$13
Choice of mixed greens or brown rice base, avocado, radish, jalapeños, fresh fruit, edamame, cucumber, ahi tuna* & black sesame seeds, side of sriracha aioli
- No Regrets..... \$13
Romaine, Old Bay seasoned shrimp, roasted corn, black beans, cucumber, avocado, red onion & cilantro
- Salmon..... \$14
Atlantic salmon marinated in lemon-dill with mixed greens, roasted cauliflower, roasted carrots, cucumber, cherry tomato, radish, garbanzo beans
- Dressings are free from artificial flavors, MSG, gluten and high-fructose corn syrup.

Sandwiches

All sandwiches served with fries, fruit cup or side salad.

- Reuben..... \$12
Corned beef, Swiss, sauerkraut, 1000 Island dressing on rye bread
- Double Cheeseburger \$10
Two quarter lb. patties, American, diced red onion, mayo, dill pickle on brioche bun. Add egg \$1, bacon \$1.25
- Patty Melt \$10
American, grilled onion on rye
- Habanero Jack Chicken..... \$11
Chicken breast, bacon, bbq, habanero jack cheese, leaf lettuce, red onion, tomato, mayo
- Cuban \$11
Smoked pulled pork, ham, mustard, pickle and Swiss cheese
- Fish Sandwich..... \$10
Breaded flounder with leaf lettuce, red onion, tomato, American cheese and tartar sauce
- Tuna Melt \$10
Albacore tuna with American cheese on rye
- Mississippi Delta \$11
Breaded chicken breast, pickled cabbage, dill pickles, pimento cheese
- Chicken or Egg Salad \$10
With lettuce, tomato, Havarti cheese on multigrain
- Chicken Pesto Melt \$10
Sliced chicken breast, tomato, fresh mozzarella, pesto
- Filet Sliders \$14
Filet mignon, leaf lettuce, red onion, tomato, Havarti cheese, mayo
- Mahi Mahi Tacos \$11
Wild caught mahi filet, mango pico de gallo, avocado slices with cilantro aioli
- Cobb Wrap \$11
Romaine, cherry tomato, egg, bacon, chicken tenders, avocado, onion, cheddar cheese with ranch dressing
- Veggie Wrap \$10
Zucchini, red onion, spinach, tomato, roasted red peppers, goat cheese wrapped in a jalapeño cheddar tortilla

* Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

Parties of 8 or more are subject to an 18% gratuity.