STRAY Hen CAFE

Elmhurst

Eggs
Served with choice of potato or fruit and toast or pancakes. Substitute specialty pancakes add $2, egg whites add $1.

Two Eggs Any Style $7
With Meat $9
Bacon, sausage links, ham, or sausage patty
With Corned Beef Hash or Chicken Sausage $10

Scramblers
Served with choice of potato or fruit and toast or pancakes. Substitute specialty pancakes add $2.

North Side $10
Egg white with chicken sausage, avocado, spinach, tomato, gouda cheese
South Side $10
Eggs, bacon, jalapeño, onion, tomato & habanero jack cheese
The Other Side $10
Eggless scrambler with seasoned tofu, black beans, red onions, mushrooms, cherry tomato, spinach, Chihuahua cheese

Omelet
Served with choice of potato or fruit and toast or pancakes. Substitute specialty pancakes add $2, egg whites add $1.

Hunter $11.5
Bacon, sausage, ham and cheddar cheese
Gatherer $11.5
Spinach, mushroom, onion, tomato, zucchini and Havarti cheese
Shepherd $11.5
Goat cheese, avocado, spinach, mushroom
Cousin Vinny $11.5
Chicken sausage, onion, roasted red pepper, kale, fresh mozzarella, parmesan, pesto
The Weld $11.5
Tomato, avocado, bacon, Havarti cheese
La Bamba $11.5
Chorizo, jalapeño, onion, avocado, tomato, habanero jack cheese topped with salsa verde

Skillets
Served with choice of toast or pancakes. Substitute fruit add $1, specialty pancakes add $2, egg whites add $1.

O'Brien $12
Corned beef hash, onion, green pepper, Swiss cheese
Papi Chulo $12
Chorizo, jalapeño, onion, tomato, avocado, Chihuahua cheese
Garden Gobbler $12
Spinach, mushroom, tomato, onion, zucchini & Havarti cheese
Perfectly Un-kosher $12
Bone-in ham, bacon, sausage, green peppers, onions, cheddar cheese
Goat $12
Goat cheese, onions, baby spinach, bacon
Zeus on Fire $12
Grilled chicken, spinach, tomato, mushroom, onion, spicy feta
Oh Yams $12
Sweet potato, brussels sprouts, bacon, green peppers, onion, & Havarti cheese

Build It Your Way

Omelet $7 | **Scrambler $6** | **Skillet $8**

Served with choice of potato or fruit and toast or pancakes. Skillet: Served with choice of toast or pancakes.

Substitute specialty pancakes add $2, egg whites add $1.

Protein each ingredient $1.5	Cheese each ingredient $1.25		Veggies each ingredient $1	
Bacon	American	Havarti	Avocado	Zucchini
Sausage	Feta	Gouda	Onion	Tomato
Ham	Spicy Feta	Habanero Jack	Jalapeño	Mushrooms
Chorizo	Cheddar	Asiago	Bell pepper	Corn
Tofu	Swiss	Chihuahua	Spinach	Roasted red pepper
Chicken Sausage	Goat	Blue Cheese	Kale	
	Fresh Mozzarella		Broccoli	
			Yellow Squash	

Breakfast Bowls

Granola Parfait $7
Greek yogurt, granola, honey, fresh fruit
Ancient Grain Bowl $9
Greek yogurt, ancient grains (farro, quinoa, amaranth, pumpkin seeds), toasted almonds, chia, sunflower, flax seed, seasonal berries, agave nectar
Cauliflower Rice Bowl $10
Seasoned cauliflower rice with onion, cucumber, cabbage, chicken sausage, spinach, avocado, yellow squash, poached egg and sesame seeds, sriracha tahini dressing
Grainy Day Breakfast Bowl $10
A mixture of farro, quinoa, amaranth, topped with broccoli, yellow squash, Granny Smith apples, cherry tomatoes, sweet potato, avocado, pumpkin seeds, and poached egg
Southwest Breakfast Bowl $10
Base of scrambled eggs mixed with chorizo topped with black beans, roasted corn, jalapeño, avocado, red onion, cherry tomato, Chihuahua cheese, sour cream
Oatmeal Bar $7
Old-fashioned oatmeal (dairy free), topped with 4 of your favorite toppings—you choose!

Fresh Fruit	Nuts & Seeds	Dried Fruit	Sweet Things
Strawberry	Almonds	Apricots	Chocolate Chips
Banana	Granola	Cranberries	Butterscotch Chips
Blueberries	Walnuts	Raisins	Honey
Apples	Chia Seed	Coconut	Agave Nectar
	Flax Seed		Brown Sugar
	Pumpkin Seeds		Caramel

Signature Dishes

Breakfast Burrito $11
Tortilla, eggs, chorizo, jalapeño, tomato, black bean, grilled corn, Chihuahua cheese
Breakfast Chilaquiles $14
Corn tortilla, Chihuahua cheese, salsa, chorizo, onion, fresh jalapeño, scrambled eggs, smashed avocado, sour cream & cilantro
South of 80 ..... $12
Two sausage patty biscuits covered with sausage gravy with your choice of egg & potato
Veggie Hash $12
Grilled vegetable hash (kale, zucchini, onion, mushroom, tomato, spinach, black beans, broccoli, sweet potatoes, yellow squash) & egg
Frittata $12
Baked omelet with bacon, onion, spinach, tomato, asiago (choice of potato or fruit)
Smoked Salmon Board $14
Norwegian Salmon, cream cheese, tomato, capers, red onion, cucumber, hard boiled egg, bagel

Breakfast Toasts

On rustic panini toast with poached egg and smashed avocado with choice of potato or fruit

Avocado Toast $11
Cucumber, cherry tomato, shredded raddish, sesame seed
Pesto Toast $11
Tomato, arugula, fresh mozzarella, basil pesto
Southwest Toast $11
Grilled corn, black beans, jalapeño, roasted red peppers
Filet Toast $12
Filet, asparagus, cherry tomato, sesame seed
Salmon Toast $12
Smoked salmon, capers, cucumber, red onion, tomato, sesame seed

More breakfast items on the other side...

Benedicts
Poached egg and hollandaise sauce on english muffin with choice of potato or fruit

Classic $10
Ham

Veggie $11
Smashed avocado, tomato, zucchini, yellow squash, spinach

Salmon $13
Cream cheese, Norwegian salmon, tomato, red onion, capers

Pig & Pepper $13
Roasted poblano pepper, red onion, smashed avocado, tomato, carnitas

Filet $14
Filet mignon tenderloin

Pancakes

Buttermilk $7
Add blueberry, banana, or strawberry $1.50

Chocolate Chip and Banana $10

Cinnamon Swirl $10

Razzle Dazzle cream cheese and raspberry sauce $10

Reese's® Peanut Butter Cup $10

Blueberry-Lemon Cheesecake $10

Butterscotch S'mores $10

Black & White $10
Milk chocolate and white chocolate chips

Pancake Combo $12.5
Pancakes, bacon, sausage, eggs (upgrade to specialty cakes $2)

French Toast

Classic $7
Add blueberry, banana, or strawberry $1.50

Cinnamon Roll $11

Bananas Foster $11
Thick cut French toast topped with caramelized bananas

Apple Churros $13
Cinnamon sugar, vanilla bean cream, warm brown sugar and butter caramelized apples

French Toast Combo $12.5
French toast, bacon, sausage, eggs

Waffles

Waffle $7
Add blueberry, banana, or strawberry $1.50

Flight Combo $11
Mini waffles topped with fresh strawberries, blueberries, bananas, cookie butter and apples

Breakfast Sandwiches
Served with choice of potato or fruit

Breakfast Sliders $9
2 sliders with sausage patty, cheese, scrambled egg

BLT&E $10
Bacon, lettuce, tomato, scrambled egg, light mayo

Croissant Sandwich $10
Scrambled egg, American cheese, ham

Bagel Sandwich $11
Everything bagel, scrambled egg, sausage patty, American cheese

Lox Sandwich $12
Cucumber, tomato, cream cheese, red onion, bagel

Sides

Bacon or Chicken Sausage	$4	**Gluten Free Toast**	$3
Sausage or Ham	$3.5	**Pancakes/French Toast**	$3
Corned Beef Hash	$4.5	**Specialty Pancakes/ French Toast**	$4.5
Biscuit and Gravy	$4	**Maple Syrup** 1 oz.	$1.5
Potato	$3	**Egg**	$1.5
Cheesy Potato	$4	**Berry Cup**	$4
Bagel with cream cheese	$3	**Fruit Cup**	$3
Sliced Avocado	$2		

Drinks

Coffee $3.25

Hot Tea (Rishi) $3
Earl Grey (black), English Breakfast (black), Turmeric Ginger (herbal), Chamomile (herbal), Jasmine (green), Blueberry Hibiscus (herbal)

100% Freshly Squeezed Juice 10 oz. $3.5
Orange juice, grapefruit juice, strawberry-lemonade

Apple, Cranberry, or Tomato Juice 10 oz. $3

Iced Tea, Black $3

Milk (Whole, Skim, 2%, Chocolate, Almond, Soy, Oat) $3

Fountain Drinks $3
Coke, Diet Coke, Sprite, Fanta Orange, Lemonade

Hot Chocolates

French or Mexican $6

White Mocha $6

Vanilla Celebration $7

Screaming Chocolate Guy $7

Protein Plate
2 eggs poached or hard boiled, choice of protein & 3 veggies. Additional veggies 1.5

Protein

Grilled Chicken 11	Filet 14	Tofu 10	Shrimp 13
Grilled Salmon 13	Mahi Mahi 12	Carnitas 11	

Veggies

Cauliflower	Zucchini	Avocado	Fried Jalapeño
Broccoli	Spinach	Yellow Squash	Brussells Sprouts
Asparagus		Cherry Tomato	Mushrooms

Salads
Choice of: Ranch, Balsamic Vinaigrette, White Balsamic Shallot, Avocado Poblano

Cobb $12
Romaine, cherry tomato, egg, bacon, chicken, avocado, onion, cheddar cheese

A Sea of Green $12
Romaine, arugula, shredded brussels sprouts, chicken, tomato, avocado, dried cranberries, walnuts, blue cheese

Healthy Citizen $12
Romaine, spinach, egg, avocado, roasted cauliflower, asparagus, cherry tomato, red onion, goat cheese, cucumber

Poké Bowl *(not really a salad, but...)* $13
Choice of mixed greens, avocado, radish, jalapeños, fresh fruit, edamame, cucumber, ahi tuna* & black sesame seeds, side of sriracha aioli

No Regrets $14
Romaine, Old Bay seasoned shrimp, roasted corn, black beans, cucumber, avocado, red onion, cherry tomato & cilantro

Salmon $14
Atlantic salmon marinated in lemon-dill with mixed greens, roasted cauliflower, roasted carrots, cucumber, cherry tomato, radish, garbanzo beans

Greek-ish $12
Romaine, red cabbage, garbanzo beans, radish, Kalamata olives, cucumber, tomato, farro, capers, chicken, crumbled feta, pepperoncini, Greek dressing

Dressings free of artificial flavors, MSG, gluten & high-fructose corn syrup.

Sandwiches
All sandwiches served with fries, fruit cup or side salad.

Reuben $12
Corned beef, Swiss, sauerkraut, 1000 Island dressing on rye bread

Double Cheeseburger $11
Two quarter lb. patties, American, diced red onion, mayo, dill pickle. Add egg $1, bacon $1.25

Patty Melt $10
American, grilled onion on rye

Habanero Jack Chicken $11
Breaded chicken breast, bacon, bbq, habanero jack cheese, leaf lettuce, red onion, tomato, mayo

Cuban $11
Smoked pulled pork, ham, mustard, pickle and Swiss cheese

Chicken Sandwich $11
Grilled chicken breast with tomato, avocado, onion, lettuce, smoked gouda

Tuna Melt $11
Albacore tuna with American cheese on rye

Shrimp Po' Boy $12
Fried shrimp, lettuce, tomato, onion, cajun sauce

Chicken or Egg Salad $10
Open faced, rustic panini, smashed avocado, scallions, topped with your choice of salad

Mahi Mahi Tacos $11
Wild caught mahi filet, mango pico de gallo, avocado slices with salsa verde

Cobb Wrap $11
Romaine, cherry tomato, egg, bacon, chicken tenders, avocado, onion, cheddar cheese with ranch dressing

Veggie Sandwich $10
Yellow squash, roasted red pepper, red onion, spinach, fresh mozzarella, sundried tomato spread

Fish Sandwich $10
Breaded flounder with leaf lettuce, red onion, tomato, American cheese and tartar sauce

Chopped Cheese $11
Chopped ground beef, American cheese, lettuce, tomato, mayo

** Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness*

Parties of 8 or more are subject to an 18% gratuity.